

MKNHS Plant Group visit to Flitwick Moor 13 September 2026

Plant Species Consolidated List (including those listed at its two recces)

Species are listed only once even if present in more than one habitat.

Includes species listed on earlier Society visits and re-listed at this event (see footnote)		Added on recces 30.08.26 + 06.09.26	Added on field visit 13.09.26	Photo
Common name	Scientific name			
Wet woodland				
Blackthorn	<i>Prunus spinosa</i>			
Bracken	<i>Pteridium aquilinum</i>			1
Bramble sp.	<i>Rubus fruticosus</i> agg.			
Buckler-fern, Broad	<i>Dryopteris dilatata</i>			2a-b
Dock, Wood	<i>Rumex sanguineus</i>			
Foxglove	<i>Digitalis purpurea</i>			
Ground-ivy	<i>Glechoma hederacea</i>			
Fern, Hart's-tongue	<i>Phyllitis scolopendrium</i>	✓		3
Hedge-parsley, Upright	<i>Torilis japonica</i>	✓		4
Herb Robert	<i>Geranium robertianum</i>			
Holly	<i>Ilex aquifolium</i>	✓		
Honeysuckle	<i>Lonicera periclymenum</i>			
Horsetail, Field*	<i>Equisetum arvense</i>			5
Ivy	<i>Hedera helix</i>	✓		
Moor-grass, Purple	<i>Molinia caerulea</i>	✓		6
Nipplewort	<i>Lapsana communis</i>			
Raspberry	<i>Rubus idaeus</i>			7
Reed, Common (a grass)	<i>Phragmites australis</i>			
Rush, Soft	<i>Juncus effusus</i>			8b
Rye-grass, Perennial	<i>Lolium perenne</i>			
Sedge, Pendulous	<i>Carex pendula</i>	✓		
Sedge, Remote	<i>Carex remota</i>			8a-b
Water-parsnip, Lesser**	<i>Berula erecta</i>	✓	✓	9a-b-c
Rough meadow				
Avens, Wood	<i>Geum urbanum</i>			
Bartsia, Red	<i>Odontitis vernus</i>			
Bedstraw, Lady's	<i>Galium verum</i>			
Bittersweet	<i>Solanum dulcamara</i>	✓		10a-b
Buttercup, Creeping	<i>Ranunculus repens</i>			
Cat's-ear	<i>Hypochaeris radicata</i>		✓	11
Chickweed, Common	<i>Stellaria media</i>		✓	
Clover, Red	<i>Trifolium pratense</i>			
Dandelion	<i>Taraxacum</i> agg.			
Dock, Broad-leaved	<i>Rumex obtusifolius</i>	✓		
Grass, Cock's-foot	<i>Dactylis glomerata</i>		✓	
Hair-grass, Tufted	<i>Deschampsia cespitosa</i>		✓	
Hawkbitt sp.	<i>Leontodon</i> sp.			12
Hemp-nettle, Bifid	<i>Galeopsis tetrahit</i>	✓		13
Horsetail, Marsh	<i>Equisetum palustre</i>		✓	14a-b
Nettle, Stinging	<i>Urtica dioica</i>	✓		
Plantain, Ribbed	<i>Plantago lanceolata</i>			
Ragwort, Common	<i>Senecio jacobaea</i>			
Sorrel, Common	<i>Rumex acetosa</i>	✓		
Thistle, Marsh	<i>Cirsium palustre</i>			
Thistle, Spear	<i>Cirsium vulgare</i>	✓		15

Thistle, Welled	<i>Carduus crispus</i>	✓		16a-b
Vetch, Common	<i>Vicia sativa</i>			
Vetch, Tufted	<i>Vicia cracca</i>			
Water-pepper	<i>Persicaria hydropiper</i>			17a-b
Willowherb, Great	<i>Epilobium hirsutum</i>		✓	
Yarrow	<i>Achillea millefolium</i>			
River Flit				
Balsam, Indian	<i>Impatiens glandulifera</i>			
Burdock sp.	<i>Arctium</i> sp.			18
Comfrey, Russian	<i>Symphytum x uplandicum</i>			
Hemlock	<i>Conium maculatum</i>			19a-b-c
Hogweed	<i>Heracleum sphondylium</i>			
Mugwort	<i>Artemisia vulgaris</i>	✓		20
Teasel, Common	<i>Dipsacus fullonum</i>		✓	
Teasel, Small	<i>Dipsacus pilosus</i>		✓	21 (and 26)
Mosses				
Feather-moss, Common	<i>Kindebergia praelongia</i>		✓	
Feather-moss, Rough-stalked	<i>Brachythecium rutabulum</i>		✓	
Feather-moss, Neat	<i>Pseudoscleropodium purum</i>		✓	
Forkmoss, Broom	<i>Dicranum scoparium</i>		✓	
Spurmoss, Pointed	<i>Calliergonella cuspidata</i>		✓	
<i>Sphagnum</i> sp.	<i>Sphagnum</i> sp.			22
Trees				
Alder	<i>Alnus glutinosa</i>			
Apple, Crab	<i>Malus sylvestris</i>			
Ash	<i>Fraxinus excelsior</i>	✓		
Birch, Silver	<i>Betula pendula</i>			
Elder	<i>Sambucus nigra</i>			
Hawthorn	<i>Crataegus monogyna</i>			
Oak, Pedunculate	<i>Quercus robur</i>			
Rowan	<i>Sorbus acuparia</i>	✓		23
Willow, Goat	<i>Salix caprea</i>	✓		
Willow, Grey	<i>Salix cinerea</i>	✓		24
Yew	<i>Taxus baccata</i>	✓		
Other species***				
Butterfly, Speckled Wood	<i>Pararge aegeria</i>		✓	
Deer, Reeves' Muntjac	<i>Muntiacus reevesi</i>		✓	
Diving beetle, Common Black	<i>Agabus bipustulatus</i>		✓	
Dragonfly, Southern Hawker	<i>Aeshna cyanea</i>		✓	
Frog, Common	<i>Rana temporaria</i>		✓	
Fungus, Hoof	<i>Fomes fomentarius</i>		✓	
Grasshopper, Lesser Marsh	<i>Chorthippus albomarginatus</i>	✓		25
Hoverfly, Marsh	<i>Helophilus pendulus</i>		✓	
Leafhopper, Green	<i>Cicadella viridis</i>		✓	
Plantbug, Common Nettle	<i>Liocoris tripustulatus</i>		✓	
Shieldbug, Hairy - on Small Teasel	<i>Dolycoris baccarum</i>		✓	26
Spider, Nurseryweb	<i>Pisaura mirabilis</i>		✓	

Acknowledgement. Compiled from records of Summer programme visits in 2016, 2019, and 2023. Roy Maycock participated in the first two and Charles Kessler the third.

*Initially identified as Wood Horsetail (*E. sylvaticum*) because of its branched branches but reassessed as Field Horsetail which can also develop sub-branches under shady woodland edges.

**To be checked on a future occasion when fully in flower, in view of the difficulty of distinguishing Lesser Water-parsnip from Fool's Water-cress.

*** `The Other Species section lists wildlife other than plants for wider interest, although not part of the Group's remit.

23-23 Plant Species have photos (but a few have more than one species in the photo)