

MKNHS North Loughton Valley Park visit 2nd June 2026

Species Listed

The list includes those species seen at the visit itself (02.06.26) and those seen at the recce only (27.05.26) marked R; * = not in flower.

Alder (*Alnus glutinosa*)

Angelica, Wild (*Angelica sylvestris*) * R

Bedstraw, Hedge (*Galium album*) R

Bird's-foot Trefoil, Common (*Lotus corniculatus*)

Bramble (*Rubus fruticosus*)

Buttercup, Creeping (*Ranunculus repens*)

Buttercup, Meadow, (*Ranunculus acris*) R

Campion, Red (*Silene dioica*) R

Campion, White (*Silene latifolia*) R

Cinquefoil, Creeping (*Potentilla reptans*)

Cleavers (*Galium aparine*)

Clover, Red (*Trifolium pratense*)

Clover, White (*Trifolium repens*)

Cock's-foot (*Dactylis glomerata*) - a grass

Cranesbill, Cut-leaved (*Geranium dissectum*)

Cranesbill, Dove's-foot (*Geranium molle*) R

Daisy (*Bellis perennis*)

Daisy, Ox-eye (*Leucanthemum vulgare*)

Dogwood, Common (*Cornus sanguinea*)

Elder (*Sambucus nigra*)

Water Figwort (*Scrophularia auriculata*) * R

Goat's-beard (*Tragopogon pratensis*)

Groundsel (*Senecio vulgaris*)

Hawthorn (*Crataegus monogyna*)

Hogweed (*Heracleum sphondylium*)

Knapweed sp. (*Centaurea*) *

Meadowsweet (*Filipendula ulmaria*) *

Meddick, Black (*Medicago lupulina*) R

Mustard, Garlic (*Alliaria petiolate*)

Nettle, Stinging (*Urtica dioica*)

Nipplewort (*Lapsna communis*)

Orchid, Bee (*Ophrys apifera*)

Oxtongue, Bristly (*Helminthotheca echioides*) R

Parsley, Cow (*Anthriscus sylvestris*)

Plantain, Ribwort (*Plantago lanceolata*)

Plum, Cherry (*Prunus cerasifera*)

Poppy, Common (*Papaver rhoeas*) R

Ragwort sp. (*Senecio* sp)

Sedge, Pendulous (*Carex pendula*)

Silverweed (*Potentilla anserina*) *

Snowberry (*Symphoricarpos albus*)

Sowthistle, Prickly (*Sanchus asper*) R

Sowthistle, Smooth (*Sanchas aleraceus*) R

Tare, Hairy (*Vicia hirsute*)

Teasel, Wild (*Dipsacus fullonum*) *

Thistle, Creeping (*Cirsium arvense*) *

Thistle, Marsh (*Cirsium palustre*) *

Vetch, Common (*Vicia sativa*)

Vetch, Tufted (*Vicia cracca*)

Vetchling, Meadow (*Lathyrus aphaca*)

Willowherb, Great (*Epilodium hirsutum*) *R

Yarrow (*Achillea millefolium*)

Yellow Rattle (*Rhinanthus minor*)

Birds (heard or seen 02.06.26 plus one on the recce)

Blackbird
Blackcap
Blue Tit
Carrion Crow
Chiff Chaff
Goldcrest
Great Tit
Gull sp. not Black-headed
Jackdaw
Jackdaw
Long-tailed Tit
Magpie
Moorhen
Red Kite R
Robin
Song Thrush
Starling
White Dove
Wood Pigeon
Wren

Bumblebee, Red-tail (*Bombus lapidaries*)
Damselfly sp. (*Zygoptera*) R
Grasshopper nymph sp. (*Caelifera*) R
Honey Bee (*Apis mellifera*) R
Hunting Wasp sp. R
Orange-tip butterfly caterpillar (*Anthocharis cardamines*)
Sawfly sp. (*Symphyta*) R
Water Cricket (a true bug) sp. (*Velia caprai*) R
Weevil, Green (*Phyllobius viribeaeris*) R

Amphibians and Mammals

None

This list prepared by Joe Clinch with thanks to Phil Sarre for bird sightings on 02.06.26; Paul Lund for invertebrate sightings on 02.06.26 and 27.05.26; Mike LeRoy for providing further information on invertebrates.

Invertebrates seen on 02.06.26 (those seen at the recce on 27.05.26 not at the event marked R)

2-Spot Ladybird (*Adalia bipunctata*)
7-Spot Ladybird (*Coccinella punctata*)
Aphid sp. (*Aphidididae*) on Garlic Mustard
Bee, Common Carder (*Bombus pascuorum*) nest
Blue butterfly sp. R

