**MKNHS North Loughton Valley Park 11th June 2024**

**List of Species observed**

**Flowering Plants (not all yet in flower)**

Stinging Nettle (*Urtica dioica*)

Common Sorrel (*Rumex acetosa*)

Bulbous Buttercup (*Ranunculus bulbosus*)

Meadow Buttercup (*Ranunculus acris*)

Creeping Buttercup (*Ranunculus repens*)

Meadowsweet (*Filipendula ulmaria*)

Great Willowherb (*Epilobium hirsutum*)

Common Vetch *(Vicia sativa*)

Hairy Tare (*Vicia hirsute*)

Common Birdsfoot Trefoil (*Lotus corniculatus)*

Meadow Vetchling (*Lathyrus aphaca*)

Red Clover (*Trifolium pratense*)

White Clover (*Trifolium repens*)

Black Medick *(Medicago lupulina*)

Herb Robert (*Geranium robertianum*)

Cut-Leaved Cranesbill (*Geranium dissectum*)

Cow Parsley (*Anthriscus sylvestris*)

Hogweed (*Heracleum sphondylium*)

Cleavers (*Galium aparine*)

Common Field Speedwell (*Veronica persica*)

Germander Speedwell (*Veronica chamaedrys*)

Hedge Bedstraw (*Galium album*)

Field Forget-me-not (*Myosotis arvensis*)

Yellow Rattle (*Rhinanthus minor*)

Ribwort Plantain (*Plantago lanceolata*)

Daisy (*Bellis perennis*)

Ox-eye Daisy (*Leucanthemum vulgare*)

Ragwort (*Senecio jacobaea*)

Groundsel (*Senecio vulgaris*)

Yarrow (*Achillea millefolium*)

Wild Carrot (*Daucus carota*)

Water Figwort (*Scrophularia auriculata*)

Water Mint (*Mentha aquatica*)

Lesser Stitchwort (*Stellaria graminea*)

Goat’s-beard (*Tragopogon pratensis*)

Bristly Oxtongue (*Helminthotheca echioides*)

Bee Orchid (*Ophrys apifera*)

Pyramidal Orchid (*Anacamptis pyramidalis*)

Creeping Cinquefoil (*Potentilla reptans*)

Silverweed (*Potentilla anserina*)

Wintercress (*Barbarea vulgaris*)

Cock’s foot (*Dactylis glomerata*)

Hawthorn (*Crataegus monogyna*)

Guelder Rose (*Viburnum opulus*)

Common Dogwood (*Cornus sanguinea*)

Cherry Plum (*Prunus cerasifera*)

Alder (*Alnus glutinosa*)

Elder (*Sambucus nigra*)

Bramble (*Rubus fruiticasus*)

**Birds (seen or \*heard)**

Lesser Black-backed Gull

Black-headed Gull

Common Buzzard

Magpie

Wood Pigeon

Feral Pigeon

Green Woodpecker\*

Great Spotted Woodpecker (adult & juvenile)

Blackbird

Song Thrush\*

Dunnock\*

Great Tit

Long -tailed Tit

Wren\*

Blackcap\*

Common Whitethroat\*

Chiff Chaff\*

Goldcrest

**Insects**

Common Blue (butterfly)

Meadow Brown (butterfly)

Blue Damselfly sp.

Banded Demoiselle

**Amphibian**

Common Frog

**June 2024**